



THE CHRISTIAN AS
A RUNNER



THE MODEL RUNNER

- **Trains**

2ND TIM. 2:15; ACTS 5:42

- **Exercises**

1ST TIM. 4:7, 8; HEB. 5:12-14

- **Self-Disciplined**

1ST CORINTHIANS 9:27



THE MODEL RUNNER

- Follows The Rules

2ND TIM. 2:5; ROM. 10:1-3

- Runs!

1ST PET. 3:5; JAS. 1:22



THE RACE

- **A Set Distance**

HEB. 9:27; ECCCL. 3:20

- **A Predetermined Goal**

2ND COR. 5:9; HEB. 10:34-36; 12:3

- **Rules To Follow**

PSA. 119:32; MATT. 7:21



THE RACE

- **Others In The Race**

ACTS 17:30; 2ND TIM. 4:8

- **Obstacles In The Path**

1ST PET. 4:12-16; MATT. 13:22



THE RUNNER

- **A Mindset To Finish**

1ST COR. 9:26

- **Overcomes Trials**

ACTS 20:24; ISA. 40:31

- **Knows It Is Difficult**

2ND TIM. 3:12



THE RUNNER

- **Avoids Distractions**

HEBREWS 12:1, 2

- **Strives To Win. No 'Second Place'**

1ST COR. 9:24; HEB. 11:6



THE REWARD

● Rest

HEB. 6:13-15; MATT. 11:28

● The Crown

2ND TIM. 4:7, 8; JAS. 1:12; REV. 2:10

● The 'Gold Medal'

1ST PET. 1:3, 4; 1ST JOHN 2:25

